



K-12 Sex Ed Standards Ignite! Presentation

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Introduction

- OSPI adopted new Health & Physical Education K-12 Student Learning Standards – March 2016.



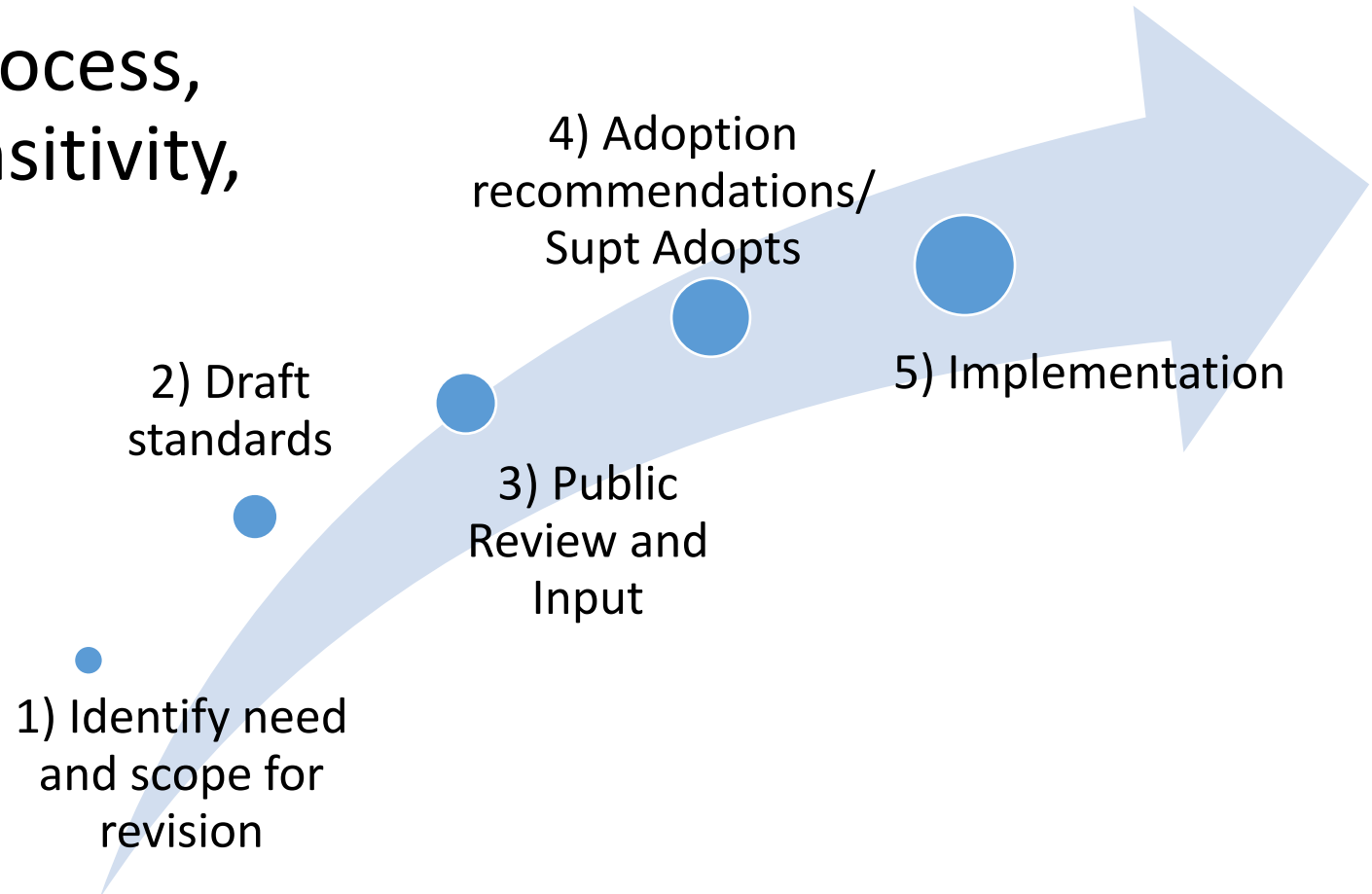
kindergarten - 12th grade

Health &
Physical Education



Introduction

- Developed by OSPI's Health/PE Cadre of teacher-leaders.
- Thorough vetting process, including Bias & Sensitivity, public reviews.



Key Stakeholder Involvement

- 13 Teacher leader team included 3 partner district members.
- 3 new members added to team to expand sexual health expertise (partner district reps, statewide GLSEN chair).
- 1308 staff (Laurie & Marissa) provided guidance, TA, support throughout.



Key Stakeholder Involvement

- CARC – Statewide Curriculum Advisory Committee
- Stakeholder review



Foundational Documents



Health Education K-12 Learning Standards

1. Comprehend concepts related to health promotion and disease prevention to enhance health.

2. Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

3. Demonstrate the ability to access valid information and products and services to enhance health.

4. Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

5. Demonstrate the ability to use decision-making skills to enhance health.

6. Demonstrate the ability to use goal-setting skills to enhance health.

7. Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

8. Demonstrate the ability to advocate for personal, family, and community health.

Health Education Topic Strands

1. Wellness
2. Safety
3. Nutrition
4. Sexual Health
5. Social Emotional Health
6. Substance Use and Abuse

Sexual Health Education

- Robust grade-level outcomes for sexual health education.

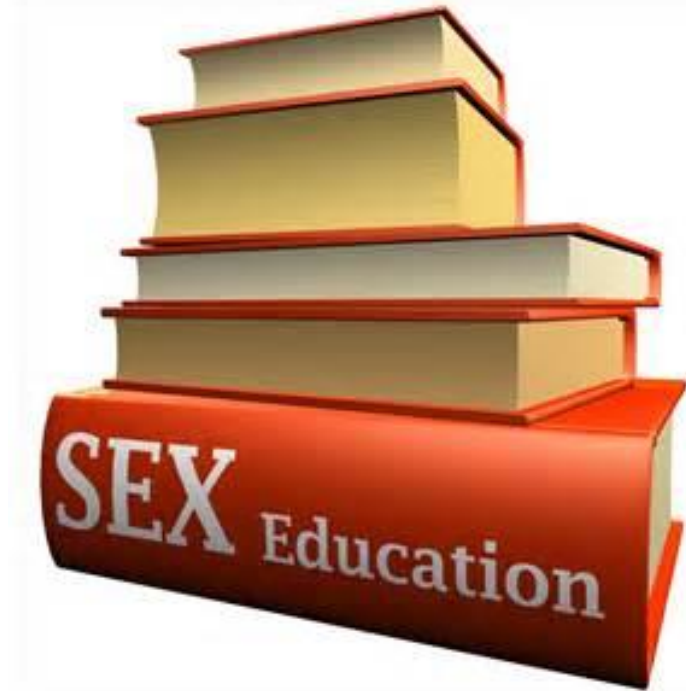
Component 2.2: Understands stages of growth and development.

2.2.2 Understands how to maintain sexual health throughout life.

- The Healthy Youth Act ([RCW 28A.300.475](#)) provides a framework for schools that choose to offer sexual health education as a component of their broader health curriculum. School districts that provide sexual health education must be in compliance with this GLE and be consistent with the [2005 Guidelines for Sexual Health and Disease Prevention](#).

Sexual Health Education

- Anatomy, Reproduction and Pregnancy
- Puberty and Development
- Self-Identity
- HIV Prevention (K-5)
- Prevention (6-12)
- Healthy Relationships
- WA State Laws (6-12)



Challenges

- Scope of project
- Number of “key players”
- Cadre members volunteered their time
- Budget
- Controversy



Challenges

- Class-time/Resource Restrictions
 - Omissions
 - Age-appropriateness
- Religious/Moral Beliefs



Challenges

Topic	Kindergarten	Grade-1
5. Self-Identity	Understand there are many ways to express gender. ¶ <u>H1.Se5.K</u>	Explain that there are many ways to express gender. ¶ <u>H1.Se5.1</u>

Challenges

“Gender Identity Indoctrination Coming to Kindergarteners in Wa. State...

Is this indeed a program that is going to be mandated for students in kindergarten?”

(e-mail from WA State Legislator)



Solutions



- FAQ Document
- Definitions & Requirements
 - Talking Points

Successes & Opportunities

- Many districts eager to adopt standards AND outcomes
- FLASH, most widely used in our state, is in good alignment with our new standards



Successes & Opportunities

- Professional Development – ESHE Academy, Standards workshops
- “Non-fiction Texts for Sexual Health Education”



Successes & Opportunities

Opportunity to increase awareness of

- HYA Requirements
- Equity & Civil Rights Laws
- Needs of LGBTQ students



Concluding statements

Next steps:

- Guidance Document
- Cross-content lesson plans
- Development of a review tool for curriculum alignment



Final thought

- Challenging process
- Not something every state can do



- We now have a more solid foundation for ESHE

