Preparing Districts to Implement ESHE: Critical Components for Success

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Disclaimer

• The contents do not necessarily represent the official views of the Centers for Disease Control and Prevention.
Introductions & Warm Up

Please share your name and what SEA you represent.
Stem Sentences

1. Critical issues or components a school district should address before implementing ESHE include . . .

2. When it comes to ESHE, district policy is . . .

3. When it comes to ESHE, professional development is . . .
Critical Components

Reflect on brainstormed list from first stem sentence. Any components missing?

Ask participants to put a check mark next to the five steps they feel are most critical and have discussion about why.
District Level Policy

Addressing Sexual Health in Schools: Policy Considerations
Developing Scope and Sequence

- Outlines the breadth and arrangement of key health topics across grade levels.
- Should identify what students should know and when it should be taught. NSES would be very helpful here.
- Once developed, curriculum selection/creation can be based on it.
Components of Effective PD

1. COMFORT
If I can’t say the words, I won’t be effective.

2. KNOWLEDGE
If I don’t know what I’m talking about, I won’t feel like I can do it and will probably skip it.

3. SKILLS
If I don’t know how to teach skills, my instruction won’t be effective with my students.
ESHE Academy - WA State

Presented by
Laurie Dils and
Marissa Rathbone, OSPI
ESHE Academy Structure

• 2-day training
• Goal: Increase school staff comfort with, commitment to, and self-efficacy in teaching sexuality education.
• Audience: Teachers, counselors, nurses, administrators
DAY 1

• Why ESHE Academy
• Core Competencies: Teacher Preparation Standards
• Creating Safe and Supportive Environments
• Building Comfort
• Key Concepts for the Classroom
ESHE Academy Agenda

DAY 2

• Answering Questions
• Laws, Policies and Programs (Fidelity)
• Scenarios Discussion (Challenges and Solutions)
• Lesson Plan and Delivery
• Personal and District ESHE Team Action Planning
## Participant Reported Gains

<table>
<thead>
<tr>
<th>Questionnaire Item</th>
<th>N</th>
<th>Average Score Before</th>
<th>Average Score After</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comfort discussing adolescent sexual health issues</td>
<td>41</td>
<td>3.68</td>
<td>4.34</td>
</tr>
<tr>
<td>Ability to create a safe &amp; supportive environments</td>
<td>42</td>
<td>3.95</td>
<td>4.57</td>
</tr>
<tr>
<td>Knowledge of birth control methods</td>
<td>42</td>
<td>3.52</td>
<td>4.26</td>
</tr>
<tr>
<td>Ability to use language inclusive of gender &amp; sexual diversity</td>
<td>42</td>
<td>3.21</td>
<td>4.05</td>
</tr>
<tr>
<td>Comfort with teaching sexuality education</td>
<td>38</td>
<td>3.38</td>
<td>4.21</td>
</tr>
<tr>
<td>Ability to answer values questions</td>
<td>37</td>
<td>3.16</td>
<td>4.22</td>
</tr>
<tr>
<td>Ability to facilitate connections to sexual health services*</td>
<td>28</td>
<td>3.54</td>
<td>4.14</td>
</tr>
</tbody>
</table>

All changes in before/after scores were statistically significant.

*Tumwater participants only.
## Satisfaction & Qualitative Feedback

<table>
<thead>
<tr>
<th>Questionnaire Item</th>
<th>Average Day 1</th>
<th>Average Day 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Satisfaction with the ESHE Academy Training</td>
<td>4.81</td>
<td>4.76</td>
</tr>
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</table>

“I want more information on supporting LGBT youth, making sure their needs/interests are addressed.”

“I would love for more teaching staff to get trained!”

“I loved the breakout sessions with the teach-back observations. It is nice to have feedback from the trainer.”

“This was the best training ever!”
Improving the Quality... of Sex Education in our Nation's Schools

DIRECTORY OF PROFESSIONAL DEVELOPMENT OPPORTUNITIES IN SEXUALITY EDUCATION

The National Teacher Preparation Standards for Sexuality Education

National Sexuality Education Standards

Sex Education in the News

The sex school breaking taboos in Kyrgyzstan
Teaching people to be confident about intercourse is vital, says founder, whose classes have been so successful she is expanding into neighbouring ...
May 13, 2015 6:00:04 AM

Regulator Atvod’s ban on fetish films criticised by ...
Authority for Television on Demand says clips on fetish sites would be

CLICK HERE __________________
The National Sexuality Education Standards

CLICK HERE __________________
National Teacher Preparation Standards for Sexuality Education

www.futureofsexeducation.org
Review Key Components for Successful ESHE implementation
Action Steps

What from this session can I apply in Year 3?