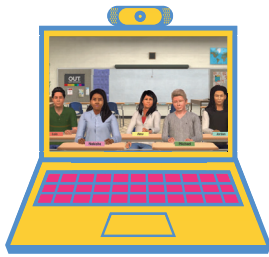


# Welcome to Virtual Professional Development

Virtual PD is an online simulated classroom that allows professionals to practice the skills needed to successfully teach sex ed. You practice teaching virtual students that represent typical kids and nothing is pre-programmed. The skill scenarios align with the Professional Learning Standards for Sex Education in elementary, middle or high school settings.



**Are you uncomfortable or unsure about teaching sex ed? Do you wish you could practice in a realistic setting without the pressures of being in front of real students?**



**With Virtual PD you can practice using new terms, teaching new topics and it's no problem if you make mistakes, since you can stop anytime, get feedback from the instructional coach and do it over again. All in the privacy of the online simulated classroom and at a date/time that works for your schedule.**



**With Virtual PD's short, ten minute simulations and a coach who is an expert in teaching sex ed, you can rehearse your skills before you try teaching that new lesson, topic or grade level in a low-risk environment.**

**"The Virtual PD is a really valuable learning experience and my wheels are already turning on how we might expand this to more teachers and other school staff too!! (nurses, social workers, etc.)"**

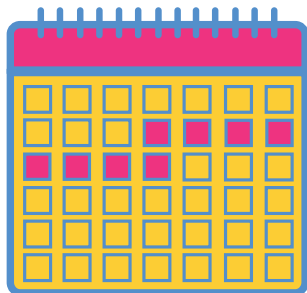
**- Leigh E. Szucs, PhD, CHES® || Health Scientist  
Centers for Disease Control and Prevention, Division of Adolescent and School Health**

**"I just finished the Virtual PD and all we have to say is WOW! That was incredible. The realism of the students and their questions. They were very responsive and I was taken back by the simulation. It is something that I would highly recommend for any facilitator or professional in the sexual health field."**

**- Elizabeth Schroeder, EdD, MSW, Principal  
Elizabeth Schroeder Consulting**

# Virtual PD

Virtual PD is an online virtual classroom that allows you to hone your skills teaching sex education. Your virtual students represent typical 5<sup>th</sup>, 7<sup>th</sup> or 9<sup>th</sup> grade students and will help you practice any of the skills outlined in the Professional Learning Standards for Sex Education.



## 1. Schedule and Prepare for your Virtual Teaching Experience

Visit [advocatesforyouth.org/virtualpd](https://advocatesforyouth.org/virtualpd) to schedule your session and choose which skill you'd like to practice with which grade level of students. Take 5 minutes to watch the short video reviewing the key components of your selected skill. Once confirmed, you'll receive a calendar invite with everything you need to log in.



## 2. "Start Simulation!"

At the time of your scheduled session, make sure you're in a quiet room and have your webcam and microphone turned on and Zoom loaded. An instructional coach will meet you there and ensure you are ready to say the magic words, "**start simulation.**" Then, your virtual students will appear and your rehearsal will begin.

## 3. Class is in session!

Throughout each practice session, make sure that you treat the virtual classroom like a real classroom, and begin practicing. Students will ask questions, respond, and most likely challenge you! Whenever your simulation is complete, or if at anytime you need to pause, say "end interaction" and the simulation will end. Then, you'll have the opportunity to practice the skill again and reflect with the support of your instructional coach.



Contact Nora Gelperin for more information  
[nora@advocatesforyouth.org](mailto:nora@advocatesforyouth.org) or (202)419-0420